First Day of School Checklist

Y	Item	Details
	Backpack	A sturdy backpack to hold all necessary items and the school folder.
	Water Bottle	A spill-proof water bottle.
	Snacks	Students will have one snack time between 9 am and 3 pm, and a second snack if attending after care. A protein source and a carbohydrate source are recommended.
	Lunch Box	A lunch box with a nutritious and well-balanced meal.
	Change of Clothes	An extra outfit and a change of clothes for unexpected accidents.
	Diapers, Wipes, and Cream	Supplies for diaper changes and personal hygiene.
	Rest Time Items	A nap roll mat or two blankets for rest time. Pre-K students need a throw blanket or a beach towel.
	Comfort Items	For the first day/week, children can bring a lovey, stuffed animal, and/or a family picture as they settle into their new school routine.
	Medical Documents	Submit all required medical documentation, including up-to-date vaccination records, Health Statement, Vision and Hearing screening results, Allergy Action Plans, and any other necessary forms not yet provided to the school.

These items will help ensure a smooth transition to preschool and provide a sense of comfort and security for children. Always confirm with the specific preschool for any additional requirements or preferences.